



Helen was born in the UK in 1905, and came to live in Durban c.1930. Helen was a founder member of the ANC's white ally, the Congress of Democrats (COD). Together with Rahima Moosa, Lilian Ngoyi and Sophia Williams-de Bruyn, Helen led the historic **march to the Union Buildings** on 9 August 1956 where women handed over petitions against pass laws.

Source: South African History Online [www.sahistory.org.za](http://www.sahistory.org.za)

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